

APPLICATION FOR COCAN MEMBERSHIP

Name: _____

Address: _____

City, State and Zip Code: _____

Organization: _____

Organization Address: _____

Organization City, State, Zip: _____

Organization phone (including area code):

(_____) _____

E-Mail Address: _____

Membership Levels

- Student—\$10
- Individual—\$20
- Organization—\$100

For organizational membership, please list name and e-mail of primary contact person and any others designated to receive COCAN information:

Please return with payment (cash or check only) to:

**COCAN
2433 North Grand
St. Louis, MO 63106**

Direct questions to: stlcocan@gmail.com

Referred by: _____

Date Received: _____ Amount: \$ _____

Check #: _____ Approved: _____



**An Introduction to
Trauma-Focused
Cognitive Behavioral
Therapy (TF-CBT),
Dialectical Behavioral
Therapy (DBT), and
Prolonged Exposure
(PE)**



**Friday, September 15, 2017
9 a.m. to Noon**

**The Heights
8001 Dale Avenue
Richmond Heights, MO 63117**

Directions available at www.stlcocan.org



Since 1975, the St. Louis Area Council on Child Abuse and Neglect (CoCAN) has been supporting advocacy and education to improve the lives of children. The mission of CoCAN is to promote advocacy, education and legislative action in order to improve the lives of children at risk of abuse and neglect.

CoCAN's purpose is to:

- Provide networking opportunities for all professionals and community organizations working with children and families.
- Promote awareness of public, private and community organizations as well as resources in the areas of child abuse and neglect.
- Foster coordinated legislative and administrative advocacy on behalf of children.

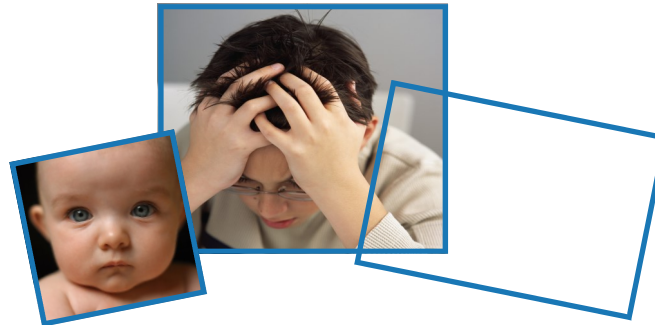


An Introduction to TF-CBT, DBT, and PE

This year's training series focuses on different therapeutic interventions and determining which approach may be best for your clients. The series continues with an introduction to Trauma-Focused Behavioral Therapy, Dialectical Behavioral Therapy, and Prolonged Exposure. Participants will be provided with an overview of each type of therapy, what it involves, what a session entails, and the benefits of each.

Save the Date

December 8- Working with Children with Sexual Behavior Problems



Schedule of Events

8:30 to 9 a.m.	Registration and Networking (Bagels and Coffee Provided)
9 a.m. to Noon	Workshop

Register online at www.stlcocan.org. There is a \$10-admission fee for non-members, which can be paid at the door. (Cash or check only.) Refreshments will be served, and you also will receive an Attendance Certificate.

The presenters of this workshop are:

Emily Dreher, M.Ed., LPC, NCC is the Supervisor of Clinical Services at the St. Louis Center for Family Development. Mrs. Dreher graduated with her Masters of Education in Community Counseling at the University of Missouri-St. Louis. Mrs. Dreher received supervision and TF-CBT training at the Children's Advocacy Services of Greater St. Louis. While there she provided both individual and group therapy to children who experienced trauma. Mrs. Dreher also has extensive training in other evidenced based treatments including Prolonged Exposure and Motivational Interviewing. She participated in a 12-month training in DBT with Ryan Lindsay for adolescents and adults. Currently Mrs. Dreher is a part of the DBT Team at STLCFD and is providing DBT therapy to adults and adolescents. She also provides treatment to clients struggling with depression, anxiety, and PTSD. She supervises and is part of program development of the different programming at STLCFD.

Brianne Serdar, LCSW is the Leader of Clinical Services at the St. Louis Center for Family Development. Ms. Serdar graduated from the Brown School of Social Work at Washington University in St. Louis. Ms. Serdar provides supervision of the STLCFD's DBT program and in-home crisis stabilization services to children, adolescents and families. Ms. Serdar has extensive experience in providing assessment, evaluation and treatment planning in a variety of settings with children, adolescents and adults. Her training includes Dialectical Behavior Therapy, Filial Play Therapy, Family Systems Theory, and Prolonged Exposure. She has attended numerous trainings with the Missouri Department of Mental Health. Her experience includes treatment of anxiety, depression, ADHD, family conflict, emotion dysregulation, borderline personality disorder, and life transition issues.